



PATIENT: **Sample Report**

TEST REF: **###-##-####**

TEST NUMBER: #####  
PATIENT NUMBER: #####  
GENDER: Female  
AGE: 57  
DATE OF BIRTH: dd-mm-yyyy

COLLECTED: dd/mm/yyyy  
RECEIVED: dd/mm/yyyy  
TESTED: dd/mm/yyyy

PRACTITIONER: **Nordic Laboratories**  
ADDRESS:

**TEST NAME: Immuno Bloodprint® - IgG ELISA Standard Food Family Sensitivity Assay (115)**

**Lab ID: #####**

**Reactive Test Results** (Your blood serum reacted to these food antigens)

Almond +2	Clam +1	Pepper B/W +1	Scallops +1
Bean Green +2	Clove +2	Potato Sweet +1	Sesame +1
Bean Pinto +3	Ginger +2	Potato White +1	Sunflower +3
Bean Yellow Wax +2	Mushroom +1	Rape Seed (Canola) +1	Yam +1
Brazil Nut +1	Nutmeg +2	Rice +1	Yeast Baker s +1
Cashew Nut +2	Oregano +2	Safflower +1	Yeast Brewer s +1
Cinnamon +2	Oyster +1	Sage +2	

Total number of IgG sensitivity reactions: **27**

**Non-Reactive Test Results** (Your blood serum did not react to these food antigens)

Alfalfa	Chilli Pepper	Lobster	Pumpkin
Amaranth	Cocoa Chocolate	Mackerel	Quinoa
Apple	Coconut	Milk Cow s	Radish
Asparagus	Cod	Milk Goat s	Rye
Avocado	Coffee	Millet	Salmon
Banana	Corn	Mung Bean	Shrimp
Barley	Crab	Mustard	Snapper
Bean Kidney	Cranberry	Oat	Sole
Bean Lima	Egg	Olive	Soybean
Beef	Eggplant	Onion	Spinach
Beet	Flounder	Orange	Strawberry
Broccoli	Garlic	Papaya	Sugar Cane
Brussels Sprouts	Grape	Parsley	Tangerine
Buckwheat	Grapefruit	Pea	Tea
Cabbage	Haddock	Peach	Tomato
Cantaloupe	Halibut	Peanut	Trout
Carrot	Herring	Pecan	Tuna
Cauliflower	Lamb	Pepper Green	Turkey
Celery	Lemon	Perch	Walnut
Cheese	Lentil	Pineapple	Wheat
Cherry	Lettuce	Plum	White fish
Chicken	Lime	Pork	Zucchini

**Scoring and Evaluation** (Key) +1 +2 +3 +4 (Increasing levels of antibodies)

*These IgG ELISA test results should be interpreted together with all other laboratory data, including treatment history, in arriving at a diagnosis of delayed food sensitivity. This test was developed and performance characteristics determined by Immuno Laboratories. It has not been cleared or approved by the U.S Food and Drug Administration.*

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**TEST NAME: Standard Food Plan (115) - Sample report: 4-Day Non-Reactive Personalized Food Rotation Plan**

**Lab ID: #####**

This four-day rotation plan has been created for you using your IgG test results, and using the foods that were tested and were non-reactive. Eat a variety of food selections. You may eat each food as often on that day as you choose. If you need to move a food from one day to another (for example, if you like peas and rice together), that is fine, just be careful not to repeat the same food two days in a row. Remember, do not eat any item to which you are reactive. Consult your physician or counselor for further guidance. This food plan does not include IgE test results.

**Day One**

**Protein:**

Cheese  
Flounder  
Haddock  
Perch  
Salmon

**Vegetables:**

Brussels Sprouts  
Parsley  
Pepper, Green  
Tomato

**Beans/Grains/Legumes:**

Barley  
Bean, Kidney  
Mung Bean  
Rye  
Soybean  
Wheat

**Fruits and Nuts: (Plus beverages derived from these foods)**

Walnut

**Condiments:**

Cocoa-Chocolate

**Beverages: (\*Rotate Brands)**

Tea  
Water

**Day Two**

Chicken  
Lamb  
Mackerel  
Pork  
Sole  
Turkey

Broccoli  
Lettuce  
Zucchini

Amaranth  
Oat  
Quinoa

Banana  
Cantaloupe  
Cranberry  
Orange  
Peanut

Chilli Pepper  
Sugar, Cane

Coffee  
Milk, Cow's  
Tea  
Water

**Day Three**

Cod  
Crab  
Herring  
Lobster  
Snapper  
Tuna

Avocado  
Beet  
Cabbage  
Celery  
Eggplant  
Onion  
Spinach

Lentil  
Millet

Grapefruit  
Papaya  
Peach  
Pineapple  
Pumpkin  
Strawberry  
Tangerine

Garlic  
Mustard

Tea  
Water

**Day Four**

Beef  
Egg  
Halibut  
Shrimp  
Trout  
White fish

Asparagus  
Carrot  
Cauliflower  
Radish

Alfalfa  
Bean, Lima  
Buckwheat  
Corn  
Pea

Apple  
Cherry  
Coconut  
Grape  
Pecan  
Plum

Lemon  
Lime  
Olive

Milk, Goat's  
Tea  
Water